

Ellington Senior Center Calendar

March 2009

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Senior Center Closed (Maintenance)	EMAT APPTS Bridge 9:00am Setback 7:00pm Geisslers/Price Rite Plus	EMAT APPTS HVCC Transit Podiatry Clinic 9:00am Ellington Singers 10:00am No Shuffleboard 2:00pm NCAA Focus Group Meeting 1:30pm Big Y/Dollar Store	EMAT APPTS Sew & So/Crafts 9:30am Canasta 1:00pm Lunch & Learn American Cancer Society 12:30 pm Shaw's	NO EMATS Mahjongg 10:00am Ballroom/Polka Social 1:00pm Pinochle 6:00pm SAT – 3/7/09 Setback @ 7:00 p.m.
9	10	11	12	13
EMAT APPTS Exercise Class 9:00am Tai Chi 10:30am Mahjongg 1:00pm Line Dancing 1:30pm Musical Insights 6:00pm Geisslers	EMAT APPTS Bridge 9:00am Blood Pressure 1:30pm Diabetic Screening 1:30pm Setback 7:00pm “Out To Lunch” Ellington Pizza 1:00 pm	EMAT APPTS HVCC Transit Ellington Singers 10:00am Shuffleboard 2:00pm Big Y/Dollar Store	EMAT APPTS Sew & So/Crafts 9:30am Better Age Club 1:00pm Canasta 1:00pm Price Chopper/Dollar Store Shaw's	NO EMATS Mahjongg 10:00am Ballroom/Polka Social 1:00pm Pinochle 6:00pm Kerry Boys Trip SAT – 3/14/09 Setback @ 7:00 p.m.
16	17	18	19	20
EMAT APPTS No Exercise Class No Tai Chi Mahjongg 1:00pm St. Patrick's Day Luncheon Senior Center 12:00 pm (Entertainment by our ESC Line Dancers)	EMAT APPTS Bridge 9:00am Setback 7:00pm Happy St. Patrick's Day! Geisslers/Price Rite Plus	EMAT APPTS HVCC Transit Ellington Singers 10:00am Shuffleboard 2:00pm Big Y/Dollar Store	EMAT APPTS Sew & So/Crafts 9:30am Canasta 1:00pm Memory & Creative Writing 1:00pm ECHN - ACCESS Program Mammogram 1:00pm Shaw's	EMATS Mahjongg 10:00am Ballroom/Polka Social 1:00pm Pinochle 6:00pm 1st Day of Spring! SAT – 3/21/09 Setback @ 7:00 p.m.

23	24	25	26	27
EMAT APPTS Exercise Class 9:00am Tai Chi 10:30am Mahjongg 1:00pm Line Dancing 1:30pm Musical Insights 6:00pm St. Patrick's Celtic Evening 6:00 pm (sign up required) Geisslers	EMAT APPTS Bridge 9:00am Variety Show Meeting 2:00pm Setback 7:00pm Big Y/Wall Mart	EMAT APPTS HVCC Transit Ellington Singers 10:00am Shuffle Board 2:00pm "Birthday Lunch" 12:00 pm (Senior Center)	EMAT APPTS Sew & Sew/Crafts 9:30 am Better Age Club 1:00pm Canasta 1:00pm YMCA Power Point Presentation 3:00pm Price Chopper/Shaw's	NO EMATS Mahjongg 10:00am Ballroom/Polka Social 1:00pm Pinochle 6:00pm SAT – 3/28/09 Setback @ 7:00 p.m.
30	31			
EMAT APPTS Exercise Class 9:00am Tai Chi 10:30am Mahjongg 1:00pm Line Dancing 1:30pm	EMAT APPTS Bridge 9:00am Blood Pressure 1:30pm Diabetic Screening 1:30pm Setback 7:00pm "Lunch & Learn" New Alliance Bank 12:30 pm Price Rite Plus/Geisslers			*Note: Schedule subject to change without prior notice
Upcoming Activities		Monthly Features		Reminders
Visiting Nurse – "Living With Cronic Pain Alternatives" 4/2/09 2:00 pm Lunch & Learn – "Seizure Smart Presentation"- 4/6/09 12:30 pm TRIAD Meeting – 4/15/09 - 2:00 pm, Human Services Office Ellington Singers "Spring Musical" - 4/23/09 1:00pm AARP "55 Alive" Driver Safety Program – 5/4/09-10am Queen Mary 2 –"Southern Caribbean" (Trip) – 11/30/09 Evenings Musical Insights – Second & Fourth Monday of month 6:00 pm Cards: Setback – Tuesday & Saturdays 7:00 p.m. Pinochle – Friday at 6:00 p.m.		Ballroom/Polka Social – Friday (1:00pm) Better Age Club – Meetings 2 nd & 4 th Thurs of month (1pm) Blood Pressure Clinic/Diabetic Screen –2 nd & 4 th Tues of the month (1:30pm) Ellington Singers – Wednesdays (10:00am) Exercise Classes – Mondays (9:00am) Line Dancing – Mondays (1:30pm) Memory & Creative Writing – 3 rd Thursday of month (1:00pm) Musical Insights – 2 nd & 4 th Monday of the Month (6:00pm) Podiatry Clinic – First Wednesday of month (9:00am) Sew & Sew/Crafts – Thursdays (9:30am) Tai-Chi – Mondays 10:30am (beg); 11:30am (adv) Anna L. Turner MSW– Elderly Social Worker		Transportation Line: 870-3137 Hours: 9:00 a.m. – 1:00 p.m. All Information for the upcoming newsletter needs to be into the Directors Office no latter than 5/6/09

